



Overseas Family School Kindergarten

Master Policy:

To maintain a happy, safe and effective school for overseas families living in Singapore

Principal's Message

UNITS OF LEARNING

The children have thoroughly enjoyed their first Unit of Learning, engaging in a variety of both child-initiated and teacher-guided activities. The highlight of each unit were the field trips and incursions.

- In the unit "Little Movers Make Giant Strides", Pre-K1 children visited Tumble Joy Gymnastics for a 'parent and child' program. Guided by skilled instructors, the children and their parents explored gymnastic equipment designed to enhance motor skills.
- Pre-K2 children participated in a Kid Parent Yoga class at Mind Stretch as part of their unit on "Mindful Play". The class featured playful yoga poses, breathing exercises, and mindfulness activities.
- For their "Healthy Habits" unit, K1 children explored the KPMG Wellness garden. They enjoyed a nature walk and guided breathing exercises amidst the garden's diverse flora and soothing sounds.
- To complement the K2 unit "Imagine That!", an artist from Clay Cove led a clay workshop at school. The children experimented with clay, learning techniques like pinching and coiling to create their own cups.

These excursions and incursions offered valuable opportunities for experiential learning beyond the classroom, reinforcing the concepts explored in the Units of Learning.

INTERNATIONAL LEARNING

A unique aspect of the International Early Years Curriculum (IEYC) is its International Dimension of Learning and Development. This dimension is designed to broaden children's understanding beyond their own nationality and identity. To support this, we celebrate various cultural festivals in Singapore. Our first celebration was the Mid-Autumn Festival on 17 September 2024. The children enjoyed listening to the story of the 'Lady on the Moon', explored the traditions of the festival through role play, participated in songs and dances, and created colorful paper lanterns. Upcoming celebrations include Deepavali, Christmas, Lunar New Year, and Hari Raya Puasa. In addition to local festivals, we also recognize and celebrate the cultural traditions of our students' home countries. If your family has a significant celebration, please let us know. By learning about and experiencing these diverse celebrations, we aim to foster curiosity about the world and an appreciation for differences.

We are excited to announce our Internationalism Celebration on Friday, 11 October 2024. We warmly invite all parents to join us for this special event as we celebrate the rich cultural diversity within our Kindergarten. The children will perform songs and dances from around the world in a Concert at the OFS Auditorium, starting at 10:00 am. This will be followed by a shared potluck lunch in the Homebase classrooms from 11:15 am to 12:15 pm. We look forward to celebrating with you!

Da-Khue Ngo
Kindergarten Principal
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From The Parent Association (PA) Desk

Every OFS student received a present from the PA on Children's Day, 4 October 2024, along with a special note from our school founder, Ms. Irene Wong. We hope all the children had a great celebration.

If you have any questions or suggestions about the PA events, please write to us at parent_association@ofs.edu.sg. Stay safe and stay healthy



Mid-Autumn Festival



Field Trip

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Pre-K1 News



Throughout the unit “Little Movers Make Giant Strides”, the Bunnies have shown remarkable resilience and adaptability. They have successfully completed challenging tasks, acquired new skills, and boosted their confidence through movements that engage both fine and core muscles.



We are also excited to announce that our dramatic play area has transitioned from the charming Bunnies’ Vet to a dynamic DIY Workshop! After enjoying their time curing and caring for animals, the children are now using various tools to fix and build. They are busy repairing tricycles, constructing tall towers, and engaging in activities like screwing and hammering nails. This setup encourages hands-on learning, enhances fine motor skills, spatial awareness, and social skills, while also sparking imagination and cognitive growth.



Additionally, the new obstacle course in the gross motor room has been a big hit. Although it may seem challenging at first, the Bunnies are overcoming their fears with the support of their peers and teachers, becoming more competent and independent with each task.

(The Pre-K1 Bunnies)



Pre-K2 News

As we approach the end of our “Mindful Play” unit and reflect on all that the children have accomplished so far, we have seen them learn mindfulness skills such as Tai Chi, yoga, and various breathing techniques. They have also created their treasure boxes filled with handmade calming tools like sensory bags, sensory bottles, and sensory rainmakers, among others.



The children also had a fun filled morning at Spirit Stretch, a yoga studio, where they got to participate with their parents in a parent and children yoga class. The experience was designed to foster bonding and well-being for both the children and their parents, through playful yoga poses, breathing exercises, and mindfulness activities, will strengthen their bodies, cultivate their inner calm. The interactive yoga class encouraged exploration, creativity, and laughter, make it a delightful and nurturing experience for both the children and their parents!

The children have had a lot of fun throughout the unit, learning different techniques and skills to help keep them calm and relaxed. They are able to use ‘starfish breathing’ and ‘shark fin breathing’



and would be notably calmer after practicing these breathing skills. We will continue to use these extremely helpful techniques and items throughout the school year, making time for short meditations during our school day and will keep a supply of sensory toys available for the children to use whenever they feel they need to!

(The Pre-K2 Team)



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K1 News



The K1 children were bubbling with excitement as they arrived at the KPMG Wellness Garden for their field trip. Their Physical Education teacher, Ms. Cassie, led them through a series of fun exercises designed to teach them about health and fitness. As they stretched, jumped, and moved among the vibrant greenery, Ms. Cassie encouraged them to explore how moving their bodies help them stay strong and happy. The children eagerly followed her lead, before exploring the rest of the beautiful garden, designed to provide a sensorial experience for all. The children guided their parents with mindfulness techniques while listening to soothing sounds and admiring its colourful flowers. The peaceful atmosphere, provided the perfect backdrop for a morning of active learning and playful discovery.

As we come to the end of their "Healthy Habits" unit, the children gathered with their parents for the Exit Point assembly. The event was filled with joyful songs, energetic dances, where the little ones shared what they had learnt during the past 8 weeks about staying healthy. Each child took turns talking about their favourite new habit, whether it was eating fruits and vegetables or keeping their hands/teeth clean. The parents clapped and cheered, proud of their children's accomplishments and the positive changes they had embraced. The assembly was a heartwarming conclusion, not only educated but also inspired the entire community to value and practise healthy living!

(The K1 Team)



Field Trip





K2 News



This month, the K2 children have enjoyed connecting their learning from the unit "Imagine That!" to Cooking. We discussed Picasso and talked about cubism, thinking about how Picasso's paintings portray faces from multiple angles at once. The children tried a variety of activities to create their own Picasso art, from gluing features on a face to creating colourful faces with clay. In Cooking, the children created faces by adding different kinds of fruit onto a sandwich. They chose a spread for their slice of bread and cut their fruit into different shapes and sizes to use them for the features of their face. They enjoyed the yummy snack afterwards!

(The K2 Team)



Establishing Routines in Kindergarten

As we settle into the school year, routines play a vital role in helping our Kindergarten students feel secure and develop a sense of belonging. Routines provide a predictable and comforting structure, allowing children to focus on learning and socialising.

Why Routines Matter:

- Help children develop self-regulation skills and independence
- Encourage responsibility and accountability
- Support social skills development, like cooperation and taking turns
- Enhance academic engagement and focus
- Foster a sense of safety and security

Routines in Our Kindergarten Classrooms:

- Morning arrival and goodbye routines
- Daily schedules for lessons and activities
- Transitions, like cleaning up and lining up
- Snack time and lunch routines

How You Can Support Routines at Home:

- Establish consistent morning and bedtime routines
- Encourage your child to follow a daily schedule
- Practise transitions, like leaving the park or ending screen time
- Model and reinforce responsible behaviours

By working together, we can help our Kindergarten students develop essential life skills and a strong foundation for future success.

(Kayleigh Wood – Nurture Specialist)

