



# Overseas Family School Kindergarten

## Master Policy:

To maintain a happy, safe and effective school for overseas families living in Singapore

## Principal's Message

As we approach the end of the first quarter, we reflect on the many exciting events and experiences that have taken place in the Kindergarten over the past two months.



- The children enjoyed their first Unit of Learning, engaging in both child-initiated and teacher-guided activities. Each unit was highlighted by an incursion or excursion, giving children valuable opportunities to connect classroom learning with real-world experiences.
- Thank you to the parents who attended our Curriculum Talks. We appreciate the time you set aside and hope the sessions provided a useful insight into your child's learning this year.
- We were also pleased to host visiting educators from the Kindergarten section of (MOE) Angsana Primary School, for a morning of professional exchange. These visits provide an excellent opportunity for us to highlight our distinctive program and dynamic learning environment.

A unique feature of the IEYC is its International Dimension, which encourages children to develop knowledge and understanding beyond their own nationality and identity. To support this, we will celebrate cultural festivals throughout the year, beginning with the Mid-Autumn Festival on 6 October 2025. Upcoming celebrations include Deepavali, Christmas, Lunar New Year, and Hari Raya Puasa.

In addition to local festivals, we also recognize and celebrate the cultural traditions of our students' home countries. If your family has a significant celebration, please let us know. By learning about and experiencing these diverse celebrations, we aim to foster curiosity about the world and an appreciation for differences.

Our Internationalism Celebration will be held on **Friday, 17 October 2025**. Parents are warmly invited to join us as we celebrate our Kindergarten's rich cultural diversity. The children will present songs and dances from around the world in a Concert at 10:00 am in the Auditorium, followed by a shared potluck lunch in the Homebase classrooms at 11:15 am. We look forward to seeing you there.

Da-Khue Ngo  
Kindergarten Principal  
[khue\\_ng@ofs.edu.sg](mailto:khue_ng@ofs.edu.sg)

## Open House

We are excited to be hosting our next Open House on **Saturday, 11 October**, from **10:00 am to 1:00 pm**. This is a wonderful opportunity for prospective families to explore our full-facility campus, join guided tours, and visit information booths across all divisions. They will also meet our teachers and our student ambassadors – and catch the OFS Tigers in action on the field, showing their school spirit. It will be a great chance to experience our learning environment and discover what makes our school community unique.

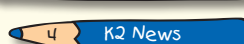
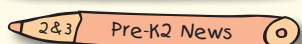
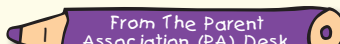
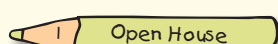
If you know friends, colleagues, or families who may be considering a school in Singapore, please invite them to join us. They can register here: [www.ofs.edu.sg/resources/promo/ofs-oct-2025-open-house](http://www.ofs.edu.sg/resources/promo/ofs-oct-2025-open-house)



K1

## From The Parent Association (PA) Desk

The Parent Association (PA) wishes everyone a joyful Children's Day filled with laughter and celebration! For those celebrating Deepavali, may this festival of lights bring happiness, prosperity, and treasured moments with your loved ones. Enjoy your well-deserved term break and create wonderful memories during this special time!





## Pre-K1 News



Our Pre-K1 Bunnies have been busy exploring the IEYC Unit “This is Me”. They have been learning about themselves, working together, and practicing important skills like sharing, taking turns, and helping friends. We are especially excited for our first field trip – the Friendship Picnic at Pasir Ris Park – to celebrate the wonderful friendships growing in our class!

One big highlight has been turning our classroom into a “Bunnies’ Home”, complete with a bathroom, bedroom, living room, and kitchen. The children love role-playing here, discovering more about their world, themselves, and each other.

This unit has been such a fun way to build self-awareness while appreciating what makes each of us unique. We cannot wait to see what the next IEYC adventure brings!

(The Pre-K1 Bunnies)



## Pre-K2 News



The Pandas and Koalas have had a wonderful start to Pre-K2, learning and growing so much in just the first two months. They are becoming increasingly independent – taking care of their cubby belongings, helping to tidy the classroom toys, managing their own hygiene, clothing and shoes, as well as eating independently. They are also learning to collaborate with their peers, listen carefully, and follow instructions with focus.

Our Unit of Learning, “Mindful Play”, has been full of exciting sensory experiences and activities designed to calm the mind and strengthen fine motor skills. The children have enjoyed messy play with spaghetti, sorting coloured pasta, exploring emotions through ink drop art, experimenting with paint, hammering ice,

creating blow-paint monsters, and engaging with kinetic sand, playdough, threading beads, name pegging, and much more. These hands-on experiences are not only fun and engaging but also help the children develop focus while building coordination and control.

### Mindful children:

- Are better able to focus and concentrate.
- Experience increased calm.
- Experience decreased stress and anxiety.
- Experience improved impulsive control.
- Have increased self-awareness.
- Find skillful ways to respond to difficult situations.
- Are more empathetic and understanding of others.
- Develop natural conflict-resolution skills.

We have also introduced mindfulness practices such as breathing exercises, yoga poses, and Tai Chi movements, which encourage children to get in touch with their bodies and can help them to regulate their emotions through breathing, stretching and being mindful.

In Mathematics, the focus has been on the strand of Number, explored through playful and creative activities. Highlights include rolling dice to decide how many teeth and eyes to paste on blow-paint monsters, counting dice sides and matching them to numerals by whacking the corresponding numerals with fly swatters, and packing numbered “lunch bags” with the correct number of items.

Alongside structured activities, unstructured playtime remains an important part of the children’s learning. During free play, the children practice sharing, taking turns, and working together to solve problems.

Looking ahead, as we prepare for the Exit Point of this unit, the children will be filling their treasure boxes with handmade keepsakes such as squishy sensory bags, sparkling sensory bottles, and textured colourful sticks—tools they made that can be used for calming and focus. We are also excited for our upcoming field trip to Spirit Yoga on **9 October (Koalas)** and **10 October (Pandas)**, where the children will enjoy an interactive class designed to strengthen their bodies and nurture inner calm through playful yoga poses and breathing exercises. A big thank you to all the volunteers who have already signed up—we could not do this without you!

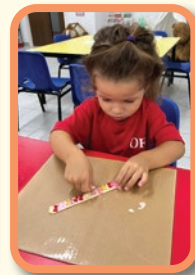
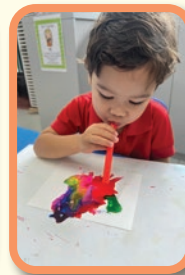
(The Pre-K2 Team)





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## K1 News



This week was a mindfulness adventure for our K1 children! We had a special visit from Planting Seeds with Kids, who brought a fun-filled session of yoga and mindfulness right to us. Our little ones discovered cool breathing techniques that help them feel calm and peaceful anytime they need. They laughed and played lively games with their voices, learning how to make sounds louder and softer – such a joyful way to explore self-expression! Then, they moved their bodies into amazing yoga poses like the tall and steady Tree Pose, strong Plank, and cozy Child's Pose. The day ended with something truly heartwarming: each child shared kind and positive affirmations with their friends while walking around and creating tiny drawings on each other's papers. It was beautiful to see our children so respectful, engaged, and glowing with happiness as they spread kindness and calmness throughout the room. What an incredible experience of growth, connection, and joy for our little learners!



Our K1 children had a wonderful adventure – they visited our very own Health Center to meet the amazing Nurse Grace! With wide eyes and curious minds, the children explored what happens when someone feels unwell at school and discovered the many ways Nurse Grace helps to care for and comfort the students. They were fascinated to learn why brushing their teeth twice a day is so important – and they even got hands-on exploring the perfect way to wash their hands to stay germ-free. It was heartwarming to see the children so engaged – raising their hands, asking thoughtful questions, and sharing their own experiences of visiting doctors and nurses. This visit beautifully tied into our "Healthy Habits" unit, as many children confidently used new vocabulary and showed real understanding of how to stay healthy and care for others. A big thank you to Nurse Grace, for making learning so real, hands-on, and meaningful!

(The K1 Team)







## K2 News



In K2, our journey into the world of reading is well underway! Reading is woven into our daily routines and activities, helping children build confidence, develop comprehension skills, and foster a lifelong love of books.

Children enjoy daily opportunities to practise their reading skills – not only during dedicated guided reading sessions with a teacher, but also through engaging activities such as decoding the daily timetable and solving fun phonics puzzles. Each week, students participate in a focused reading block where they work one-on-one or in small groups with a teacher and receive a leveled reading book to take home. In addition, children also visit the library weekly to select an extra reader at their level, promoting choice and independence in their reading journey.

In K2, we encourage children to focus on the individual sounds that letters make, and then begin to blend those sounds together to form words. This foundational skill supports them in both reading new words and beginning to write them.

Families play an essential role in supporting literacy development at home. Helping your child practise their sight words from their reading folder, and making time to read together daily, can make a big difference. Reading to your child – even after they begin reading on their own – offers many benefits, including building vocabulary, strengthening listening skills, and nurturing a positive emotional connection with books.

We look forward to celebrating every child's progress as they grow in confidence and discover the joy of reading!

(The K2 Team)



## Dates for Your Diary

- Friday, 3 October 2025
- Friday, 17 October 2025

10:00 am – 12:00 pm

Parent Teacher Conferences  
Kindergarten Internationalism Celebration